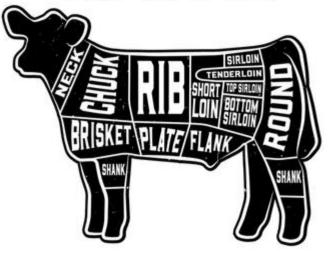


98% OF FARMS ARE FAMILY OWNED AND OPERATED.

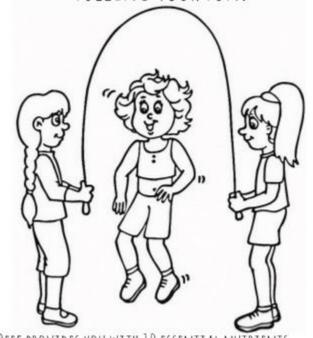
## BEEF CUTS 101



WHEN LOOKING FOR LEAN CUTS OF BEEF LOOK FOR THOSE WITH LOIN AND ROUND IN THEIR NAMES!

COLOR THOSE CUTS!

## FUELING YOUR FUN!



BEEF PROVIDES YOU WITH 10 ESSENTIAL NUTRIENTS INCLUDING ZINC, IRON AND PROTEIN!



## FUELING YOUR FUN!

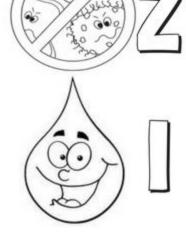


BEEF PROVIDES YOU WITH 10 ESSENTIAL NUTRIENTS INCLUDING ZINC, IRON AND PROTEIN!



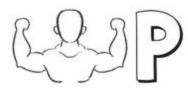
Zinc helps maintain a healthy immune system.





Zinc helps maintain a healthy immune system.

Iron helps your body use oxygen.

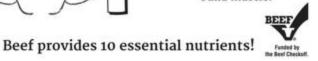


Protein helps preserve and build muscle.



B. P

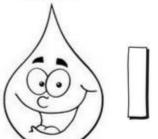
Protein helps preserve and build muscle.



Beef provides 10 essential nutrients!



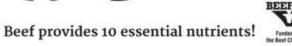
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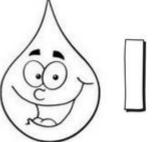


Protein helps preserve and build muscle.

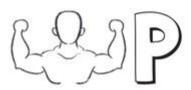




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