

Iron	12%DV	helps your body use oxygen
Choline	16%AI	supports nervous system development
Protein	48%DV	helps preserve and build muscle
Selenium	40%DV	helps protect cells from damage
Vitamin B6	22%DV	helps maintain brain function
Vitamin B12	44%DV	helps give you energy
Zinc	36%DV	helps maintain a healthy immune system
Phosphorus	19%DV	helps build bones and teeth
Niacin	26%DV	supports energy production and metabolism
Riboflavin	10%DV	helps convert food into fuel